

LEAP Test Prep: Reminders

Use this checklist to make sure you are ready to show what you know on the LEAP test. Check off each tip as you practice or complete it.

The Night Before & Morning Of

- Power Down: Put away all electronics like phones, smartwatches, and gaming devices at least one hour before bed. Your brain needs time to rest without a screen.
- Charge Up: Get a full night of sleep (8 to 10 hours is best). A well-rested brain remembers more than a tired one.
- Brain Fuel: Eat a healthy breakfast with protein (like eggs or yogurt) to stay alert. Avoid too much sugar so you do not crash during the middle of the test.
- Leave the Tech: Check your pockets for earbuds, smartwatches, or phones before you enter the testing room. Leave them in your locker or at home.
- Deep Breaths: If you feel nervous, take five slow, deep breaths. It sends oxygen to your brain and helps you think clearly.

Online Tool Reminders

- Highlighter: Use this to mark keywords in the question (like "not," "best," or "all") so you do not miss what the question is actually asking.
- Line Guide: Use this to keep your eyes on one line at a time while reading long passages. It helps prevent skipping important details.
- Sticky Note: Use this as a digital "brain dump" for ELA. Jot down evidence or page numbers as you read so you do not have to search for them later.
- Cross-Off: Always cross off the two answers you know are wrong. It makes choosing the right one much easier.

Multiple Choice & Tech-Enhanced Questions

- Read Every Option: Even if you think A is correct, read B, C, and D. Sometimes there is a "better" answer than the first one you see.
- The Cover-Up: Try to answer the question in your head before you look at the choices. Then, see if your answer matches one of the options.
- Two-Part Questions: Remember that Part B usually asks for evidence for your answer in Part A. If you change your answer for Part A, make sure you update Part B too.
- Drag & Drop: After moving items into a chart, double-check that they landed in the right spot. Sometimes they can "snap" back if you are not careful.

Writing & Math Strategies

- R.A.P.P. for ELA: When writing your response, Restate the question, Answer all parts, Prove it with evidence from the text, and Proofread your work.
- Show Your Work: Use your scratch paper for every math problem. It is much easier to catch a mistake on paper than in your head.
- Reference Sheet: Open the math reference sheet at the start of the session. Check it for formulas even if you think you have them memorized.
- Social Studies Sources: Read the "Purpose Setting Statement" above each source. It tells you exactly what that map or document is trying to show you.

The Final Review

- Flag and Return: If a question is taking too long, flag it and move on. You might find a clue to the answer in a later question.
- No Empty Boxes: Never leave a question blank. Use your best guess and the cross-off tool to improve your chances.
- The Yellow Circles: On the review screen, look for yellow circles. These are questions you accidentally skipped. Go back and answer them!
- The Final Yes: When you finish, use all your extra time to check your work. Do not click the final "Submit" button until the teacher tells you the session is almost over.